



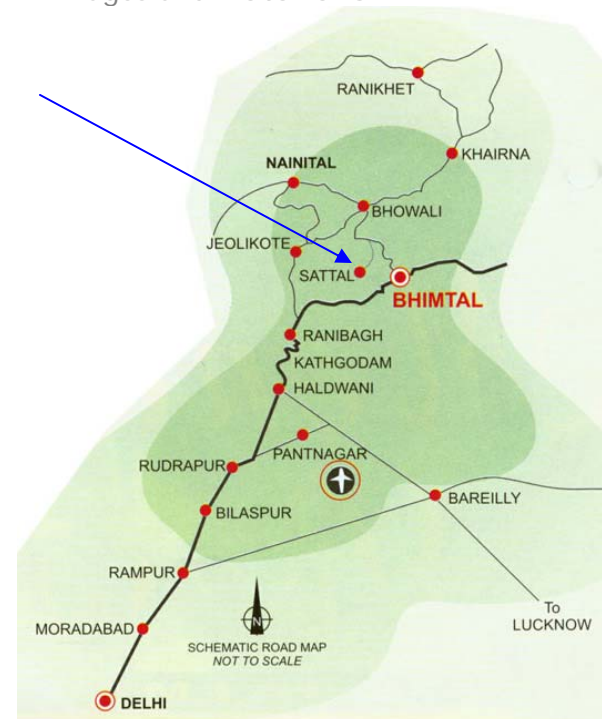
Saat tal splendid

Situated at a safe distance from Nainital (22km), Saat-tal gets its name from the seven lakes in its vicinity.

The camp is located amidst three of these lakes and a dense cover of Oak forests.

Activities

Apart from the abundance of natural beauty around you, the camp promises a lot of fun and action. You can enjoy **swimming** in crystal clear lakes, **hiking**, **rapelling** and **treks** through dense jungles past hidden villages and **waterfalls**.



List of things to carry for saat-tal

Please carry the following things to maximize your offsite experience:

- > Shoes **and** sandals [break in your shoes: walk at least 10 KM's in your shoes before setting off on to the camp, new shoes may cause the foot to hurt , also sandals are needed while walking in water]
- > Brimmed hat or cap

- > Sun cream [spf above 32] and moisturizer
- > Sweater/pullover
- > Towel and essential toiletries

- > Adequate track pants, t-shirts and pullovers
- > **Swim Gear (Compulsory if you are interested in swimming)**
- > Camera and film [get adequate film]
- > Digital Camera [**get extra batteries, you cant charge them at the camp, since there would be no electricity**]
- > **Flashlight and extra batteries [compulsory]**
- > Smokers, carry adequate packets
- > Medicines [if on any special medication]
- > Spare glasses [contact lens wearers]

Tip

Pack your backpack carefully – heavier goods in center and close to back. Don't be top heavy. Use waterproof bags to protect key items and clothing. **Mark your baggage with Name Tags.**

Weather

Day temperature is pleasant and nights might get cold.
[Indicative Range: 20 Deg C to 25 Deg C]

